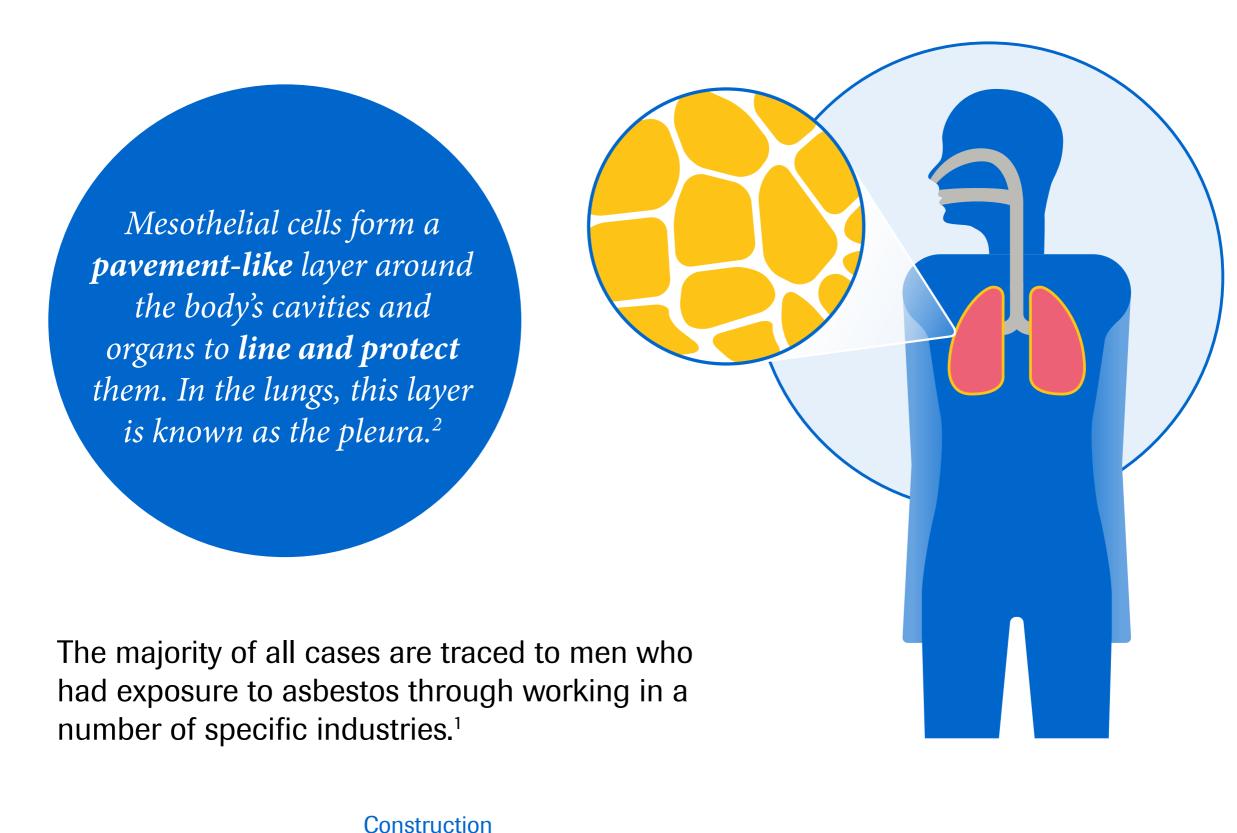


Malignant pleural mesothelioma

A rare and aggressive cancer of the mesothelial cells¹



Armed forces veterans³ Asbestos is a naturally occurring fibrous mineral.¹ The microscopic

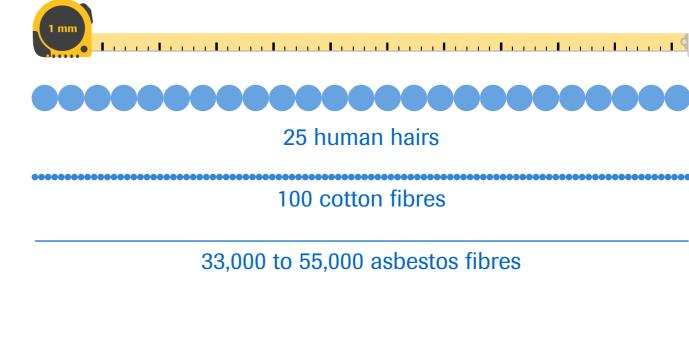
Shipyard

workers1

industry workers¹

Over **80**% of mesothelioma diagnoses are associated with exposure to asbestos.4

fibres are extremely durable and resistant to fire.1 As a result asbestos was the material of choice for a number of products until the late 1970s, when it became evident that asbestos posed a threat to human health and safety.^{1,5}



It can take between

20 and 40 years from

the initial exposure to the

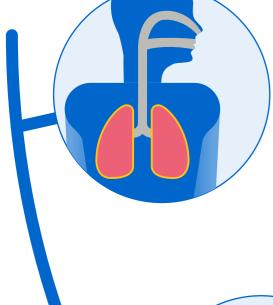
onset of disease symptoms.

This is known as the

latency period.1,6

mesothelioma develop?

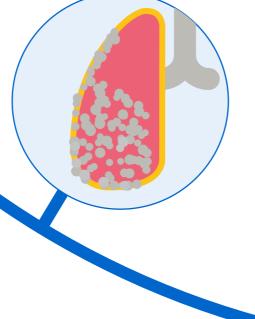
How does malignant pleural



difficult for our bodies to exhale them.^{1,5}

fibres are inhaled, it is

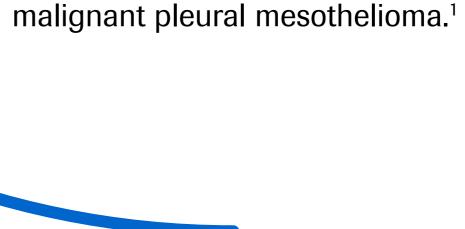
When microscopic asbestos

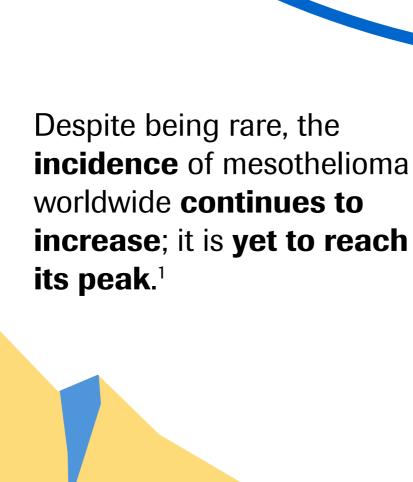


wall, which over time causes inflammation, scarring and genetic damage.1 This damage to the lining can lead to the development of

The trapped fibres can enter

the lining of the lung and chest





are diagnosed with mesothelioma.7

Each year

approximately

14,000 people

Other risk factors for malignant pleural mesothelioma include: Male gender Age

Researchers suggest that for every

four to five cases of mesothelioma

reported, **one** case will be overlooked.⁷



more common in men than women.1

Mesothelioma is five times



years old

More than 75% of

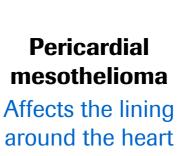
newly diagnosed

patients are over 65.4

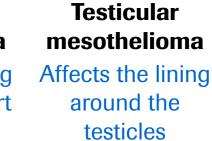
Most cases of of the abdomen mesothelioma occur in and pelvic cavity the lining of the lungs; this is called **malignant**

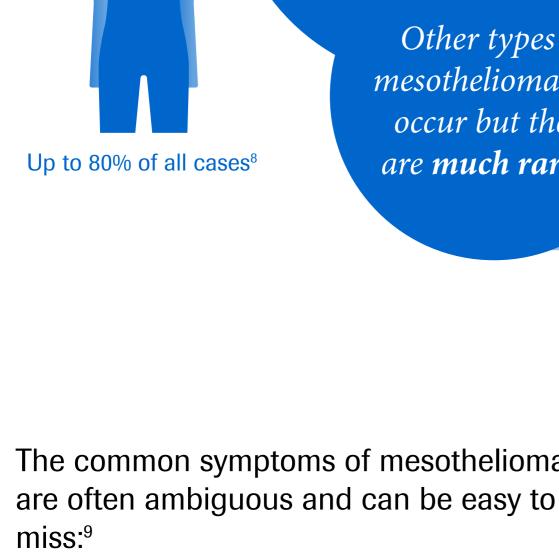
Exposure to ionising

radiation and SV40 virus.1



1% of all cases8





X-ray

CT scan

occur but these are much rarer.8 The common symptoms of mesothelioma

pleural mesothelioma.8

Other types of

mesothelioma can



Peritoneal

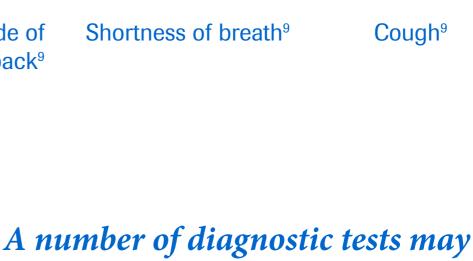
mesothelioma

Affects the lining



Pain in the side of

chest/lower back9



be carried out to ensure a correct

diagnosis. These can include:9,10



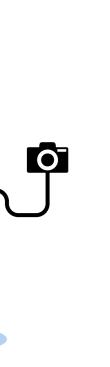
<1% of all cases8

Thoracentesis

Insertion of a small tube to

draw some fluid for testing

Thoracoscopy



The three main treatment options for patients with malignant pleural

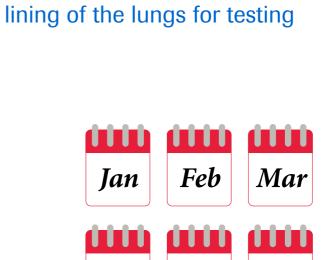
and the survival time is

particularly poor.9

1. Røe OD et al. Eur Respir Rev 2015; 24: 115-131. 2. Mutsares SE et al. Int J Biochem Cell Biol 2004; 36: 9-16. 3. Mesothelioma Cancer Alliance. Veterans & Mesothelioma. Last accessed September 2016 at http://www.mesothelioma.com/veterans/. 4. Robinson BM. Ann Cardiothorac Surg 2012; 1: 491-6. 5. Mesothelioma Cancer Alliance. What is Asbestos? Last accesses September

mesothelioma are surgery, chemotherapy and radiotherapy.9 Current treatment options are very limited

Insertion of a small tube which is guided by a camera to remove a sample of the



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Jan	Feb	Mar	Apr
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May	Jun	Jul	Aug
<u>iiiii</u>			ÛÛÛÛ
Sep	Oct	Nov	Dec

In its advanced stages, when most patients are diagnosed, the average survival time is approximately 12 months.9

References